

◆ Short Bio

Paul Falavolito is a public safety official, national public speaker, and author with over 27 years of leadership experience. As host of the global *7 Minute Leadership Podcast* and author of four leadership books, including 2025's *The Leader's Book of Secrets* and *The 7 Minute Leadership Survival Guide*, he shares real-world lessons to help leaders at every level succeed.

◆ 100-Word Bio

Paul Falavolito is the Chief of White Oak Emergency Medical Services, Inc., and is deeply engaged in Emergency Management. He has transformed his non-profit ambulance service into a professional, career-focused model for EMTs and Paramedics in Western Pennsylvania. A passionate advocate for strong leadership, Paul is the host of the global *7 Minute Leadership Podcast* and the author of four leadership books, including *The Leader's Book of Secrets* and *The 7 Minute Leadership Survival Guide*, both released in 2025. He credits his leadership style to lessons learned from FEMA deployments, disaster response, and real-life challenges from over two decades in public safety.

◆ Full Bio

Paul Falavolito's 27-year public safety career has taken him across the country, responding to major events such as 9/11, Hurricane Irene, Superstorm Sandy, and most recently, the Covid-19 pandemic. He currently serves as Chief of White Oak EMS and Deputy Emergency Management Coordinator for the Borough of White Oak in Pennsylvania.

A national public speaker and host of the *7 Minute Leadership Podcast*, Paul shares practical leadership insights with a global audience. In addition to authoring *The 7 Minute Leadership Handbook*, his three newest titles released in 2025 — *The Leadership Academy*, *The 7 Minute Leadership Survival Guide*, and *The Leader's Book of Secrets* — provide actionable strategies and real-world tools for leaders in any industry.

Paul is also the creator of the *7 Minute Leadership Challenge* and the *Eat the Earth Challenge*.

His most defining leadership moments include the Covid-19 pandemic, Operation Baby Jax, and the 9/11 response. Recognizing a need for specialized capabilities within EMS, Paul established elite teams for Tactical EMS, Search & Rescue, Disaster Response, and Rehabilitation Support. Outside of leadership, Paul holds a Private Pilot's License and can often be found flying the skies of Western Pennsylvania — when he's not leading teams, responding to emergencies, or recording his next podcast episode.

