

The 7 Minute Leadership Brand

Podcast:

The *7 Minute Leadership Podcast* was launched in 2016 and has since grown into a widely recognized resource for leaders across all industries. With over 600,000 downloads, the podcast is listened to in 144 countries worldwide. Each episode delivers concise and impactful leadership insights in just seven minutes, making it an accessible and valuable tool for leaders at any stage of their career.

The *7 Minute Leadership Podcast* is available on all major podcast platforms, including:

- Apple Podcasts, Spotify, iHeart Radio, Amazon Music, and many more!

Publications:

The 7 Minute Leadership Handbook

Due to the overwhelming success of the podcast, *The 7 Minute Leadership Handbook* was created to offer a deeper dive into the principles and strategies discussed in each episode as well as the 7 Minute Leadership Philosophy. The handbook is designed to be a practical guide for leaders seeking real-world advice on how to enhance their skills and improve their leadership effectiveness.

The Leadership Academy

A comprehensive guide based on Paul's popular leadership course, covering essential skills and strategies for developing top-tier leaders.

The 7 Minute Leadership Survival Guide

A collection of 500 quick, actionable leadership lessons designed to help leaders overcome daily challenges and stay focused on success.

The Leader's Book of Secrets

A collection of 500 quick, hard hitting leadership secrets they don't teach you in leadership school.

Available for purchase through:

- **Amazon**

About Paul Falavolito

Paul Falavolito is the visionary behind the *7 Minute Leadership* brand. With a strong background in leadership and extensive experience in public safety and executive roles, Paul has dedicated his career to helping leaders at all levels develop the skills they need to succeed. His mission is to provide accessible, no-nonsense leadership advice that can be applied immediately in any organization, regardless of industry.

Connect with Paul Falavolito

Paul Falavolito is active on all major social media platforms, where he shares leadership insights, updates on his podcast, and engaging discussions with his audience.

Social Media

- Facebook, Twitter (X), Instagram, LinkedIn, Blue Sky, Substack, Threads, TikTok

For media inquiries, speaking engagements, or collaborations, please contact:

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Meet Timely

The official Brand Ambassador and Mascot of the Paul Falavolito Leadership Development brand.

